

6/08--Daryel caafionaad ee Dadke-weyn oo ah lacag yar oo kooban

Fadlan Xusuusnow: Haddiiaad su'aalo qabto si toos ah u wac liiska barnaamijyada.



Rug caafimaad oo lacag la'aan ah

Columbus Medical Association

Physicians Free Clinic

Rug dhakhaatiir Bilaashka ah

Sharaxaad: Rug caafimaadka ee balan la'aanta daryeelka aynu bixino ma aha mid joogto ah Looma baahna balan ama cadeyn (I.D). Waxaa qasab ah inaad Degentahay – Franklin Count ee aan Lahay caymiska iyo dadka danta yar ee 200% ah dhaqaalahoodu hooseyo

Rugta: Columbus Public Healtha 240 Parson Avenue, Columbus, OH 43215

Saacadaha: Isniin Fiidkii. Is qoristu waxey bilaabneysaa 4:30 Galabnimo. Ma jiro Free Clinic waqtiyada waaxda caafimaadku xiran tahay

Telefoon: (614) 240-7430 or www.goodhealthcolumbus.org

Ohio Latino Health Network and OSU Medical Center

Latino Free Clinic – La Clinica Latina

Sharaxaad: Rug caafimaadkan waa bilaash waxaana loogu tala galay dadka ku hadla afka spanishka. Waxaa ka helaysaa daaweynta guud taas o ay ka mid yihiin dhakhtarka haweenka; waxa kaloo ka helaysaa dhakhtarka ilkaha. e.

Saacadaha: Habeenada talaadada ah. **Kala soo xiriir 293-9906 saad u ogaato wakhtiyada ay qaabilayaan dad cusub.**

Goobta: 2231 North High Street, Columbus, OH 43201

Telefoon: (614) 293-9906.

Asian American Community Services and OSU Medical Center

Asian Health Initiative Free Clinic

Sharaxaad: Rug caafimaadkan waa bilaash waxaana loogu tala galay dadka eeshiyaanka ah. Tarjumaan hadii aad u baahatana waad ka helaysaa. Waxaa ka helaysaa daaweynta guud. Kama helaysit baaris buuxda mana ku aqabalayaan hadaad bilaa balan socoto.

Saacadaha: Habeenada Isniinta ah saacaduna tahay 5:30-7:30 pm. Soo wac si aad balan u dhigato.

Goobta: 2231 North High Street, Columbus, OH 43201

Telefoon: (614) 220-4023, ext. 227

OSU Medical Center

Columbus Free Clinic

Sharaxaad: Rug caafimaad oo balan la'aan ah bixisana daryeel joogta ah

Saacadaha: Khamiista fiidkii oo kaliya wuxuu arki karaa 25-bukaan socod ee ugu Horeysa ayaa la qaabilayaa. Fadlan tag dabaqa labaad si lagu arko. Magac qoristu waxay bilaabanaysaa 5:15pm aragtida bukaan socodka wuxuu bilaabanayaa 6pm rugtani ma bixiso Talaal, **TB ama STD/HIVTijaabintooda** (Fiiri Boga 7 iyo 8 si aad u hesho Fah-Fahintas).

Goobta: 2231 North High Street, Columbus, OH 43201

Telefoon: (614) 404-8417

8/08 Fah-fahintan waxaa isku soo xiray waaxda caafimaadka Kolumbus, Qeybta isku-taqa caafimaadks, shaqada caafimaadke Darsnimo 240 Parsons Avenue, Columbus, OH 43215, (614) 645-6248 ama 645-3111.

Boqa 1 ilas 5

www.publichealth.columbus.gov



Mt Carmel Medical Center

Mt. Carmel Outreach program

Sharaxaad: Traveling Coach - waxaad ka heli gartaa baaris caafimaad lacag la'aan ah iyo shaqooyin kale ee la xiriira.
Saacadaha: Balan dhigid, soo wac outreach coach
Goobta: La xiriir goobaha Outreach Coach
Telefoon: **(614) 546-4200**

Vineyard Free Health Clinics - Fifth Avenue

Sharaxaad: Caafimaadka balan la'aanta ah sida loo soo kala horeyo ayaa loo qabilaa bukan socodka lama eego caafimadka ku saabsan iskuulka ama isboortiska ama shaqo mana la sameeyo wax sheybar ku sabsan. Mana la bixiyo aragti caafimaad oo joogto ah.
Rugta: 171 East 5th Avenue, Columbus, OH 43201
Saacadaha: Arbacada fiidkii, albabka waxa la furayaa 6:00pm. 25 qof oobukau socod ah ayaa le qaabil waana sida loosoo kala horeyo.
Telefoon: Wac telefoonkan hadii aad suaal gabto **(614) 259-5428**

Vineyard Free Health Clinics – Goobta (Cooper Road)

Sharaxaad : Rugtani ee lacag la'aanta ah waa balan oo kaliya.shaqada ay bixiso waxay isugu jirta baaris jirka, dhakhaatirta duugida iyo jimicsiga ee jirka, daryeelka caafimaadka, indhaha iyo ilkaha ma aha mid joogto ah daryeelka caafimaadkan. Christian affiliated.
Rugta: 6000 Cooper Road, Westerville, OH 43081
Saacadaha: Maalmo kala duwan iyo saacado kala duwan
Taleefon: **(614) 259- 5428** Waxaa balamaha sameysan kartaa Jimcayaasha 9 aroornimo ilaa 11 aroornimo. (Waqtiyadan oo kaliya ayaad balan sameysan karta)

Vineyard Community Church – Reynoldsberg

Sharaxaad: Rugta daaweynta ee lacag la'aanta waa sida loo kala horeyo ayaa laysku qaabilaa. Daawayn ama daryeelka joogtada ah kaas oon aheyn midka deg-dega ah. Ma jirto sheybaar ama raajito. Waxaa kaloo halkan ka haysaa daryeelka loo yaqaan (chiropracter), nafaqeynta, iyo jirdhiska la tshiyadooda. Christian affiliated.
Rugta: 15187 Palmer Road, Reynoldsburg, OH 43068
Saacadaha: Arbacada 1'aad ee bilwaliba 6:30 – 8:30
Telefoon: **(740) 927-7729.**

Helping Hands Health and Wellness Center

Sharaxaad: Rugta caafimaadka ee lacag la'aanta. Waxaa qasab ah inaad degentahay Franklin County, dadka aan ceymiska lahayn iyo dadka masakiinta ha ee Lacagtadoodu ka yartahay 200% (qofka nafsad ahaantiisa isku sharaxaya ama sheeganaya). Waxaynu bixinaa Daryeel caafimadke, jirke oo la baaro, sheybar, iyo in laquu qudbiyo dhaqaatirta ludurada ku taqususay. Ma jirto daryeelke ilka. Faith based. **Balan inaad qabsato ayaa fiican waa la qabilaa dadka iska yimaada lakiin kadib marka la arko dadka balanta leh.**
Rugta. 1421 Morse Road, Columbus, OH 43229
Saacada: Jimcaha 1'aad iyo 3'aad Bil-waliba isqoristu waxay bilaabaneysaa 4pm
Telefoon: **(614) 262-5094** soo wac si aad balan u qabsato.

Xenos/Youth for Christ

Sharaxaad: Xarunta caafimadke ee lacag la'aanta oo balan L'aante ah waxay u adeegtaa dadka danta yarta iyo dadka aan guryae lahayn. Waxaana bixiya. Daryeelkan Xenos Cristian Fellowship iyo Central Ohio Youth for Christ. Ma bixiyan iskuul, shaqo, ama qadke cayarte "sports physicals," Sheyba ama daryell ilko. Ma aqbalan Insurance ama lacah bixin noc kastaba ha noqdeen.
Rugta. 40 N. Chicago Ave., Columbus, OH 43222.
Saacadaha: Talaadada fiidkii 6A:30 pm wuxuu bilaabanyra February 26, 2008. Ma jirto balan35 – qof ayaa le arki kara

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Boqa 2 ilas 5

caafimaadks, shaqada caafimaadke Darsnimo 240 Parsons Avenue, Columbus, OH 43215, (614) 645-6248 ama 645-3111.

www.publichealth.columbus.gov



Telefoon: maallintii waana. Sida loo soo kela horeyo qof walivan waa inuu yimardo 6:30 pm I nuu is qoro.
(624) 823-6510, ext. 840.

Primary Health Care for Adults (Men & Women) with Limited Incomes

Fees Charged. Appointments Required.

Columbus Neighborhood Health Center, Inc.

Sharaxaad: Wuxuu bixiyaa daryeelka caafimaadka tasoo loo ego dakhliga soo gala
Familka iyo inta ay ka kooban yihiin.waa la qaataa caymiska ay ka mid
Yihiin Medicaid, Medicare, Caresource, Molina,Aetna,Anthem Blue-
Cross iyo Blue Shield and United HealthCare. CNHC waa dhaqtarke guud ee familka.

Saacadaha: **Waa balan oo kaliya. Wac xarunta tasi waa midka kugu fiican.**

Goobta iyo talefoonka:

East Central Health Center. 1180 Main, Columbus, OH 43205 **(614) 645-5535.**

John Maloney Health Center 3781 S.High St, Columbus, OH, 43207 **(614) 645-3163.**

St.Stephen's Health Center 1500 E. 17'th Ave, Columbus, OH43219 **(614) 645-2700.**

Columbus Northeast Center, 3433 Agler Rd, Columbus, OH 43219 **(614) 645-1600.**

Maamulka Xafiiskuna waa: (614) 645-5500.

Capital Park Family Health Center

Sharaxaad : Waxaa loo eegaya dakhligaga qofkii xaq u yeesha, adeega waxaa loo
qabataa dadka waaweyn, caruurta iyo Seniors. Waxaa jira lacag dhan
\$10.00 oo ah co-payment dadka aan heysanin ceymiska. Dhamaan ceymisyada oo ay ka mid yihiin Medicaid,
Medicare, Anthem Blue, Molina iyo CareSource waa la qataa.

Saacadaha: Waa balan oo kaliya.

Goobta : 2150 Agler Rd, Columbus,OH, 43224

Telefoon: **(614) 416-4325 wac talefoonkan si aad u sameysato balan.**

Grant Hospital

Grant Outpatient Care Center

Sharaxaad: Wuxuu qaabilaa bukaan-socodka leh ceymiska Medicaid, Medicare iyo kuwa aan lahay karka
caafimaadka. Qofku waa inuu diyaar u yahay buuxinta arjiga ee caawinaada dhaqaale. Waxaa jira lalay \$ 25.00
aad bixineyso caushorts.

Saacadaha: Balan dhigo

Goobta: 393 E Town Street, qolka 116, Columbus, OH 43215

Telefoon: **(614) 566-9108**

Lower Lights Christian Health Center, Inc.

Sharaxaad: Caafimaadka bulshada waxay bixineysaa famili xirfadeed oo adeeg ah.
Waxayna siineysaa dadka weyn/ cudurada caruurta iyo daaweyntooda
Kuwa caafimadka qaba iyo daryeelka kuwa jiran iyo cudurada daba-dheerada (Chronic disease) mamulidooda.
Waa la qaataa Medicaid,CareSoure,Molina iyo AnthemMedicaid. Dadka aan ceymiska lahayna waxaa loo eega
dakhliga soo gala familka. Lakiin waxaa jira ugu yaraan \$5.00 oo lacag ah si lagu eego.

Goobta: 1251 W. Broad Street, Columbus, OH 43222

Saacadaha: Waa balan oo kaliya.

Telefoon: **(614) 274-1455**

Mt. Carmel Medical Center

Mt Carmel Health

Sharaxaad: Waxaanu qaabilnaa dadka leh Medicare, Medicaid, Caresource. Waxaan bixinaa khidmad caafimaad lacag la' aan
dadkii xaq u yeesha.

Saacadaha: Talaado,Khamiis 8 am – 4 pm waa balan oo kaliya

Goobta Holy Rosary -St John Health Station 661 South Champion, Columbus, OH
43205.

Telefoon: Soo wac oo balan ka qabso **(614) 234-7400.**

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caafimaadks, shaqada caafimaadke Darsnimo 240 Parsons Avenue, Columbus, OH 43215, (614) 645-6248 ama 645-3111.

www.publichealth.columbus.gov



Boqa 3 ilas 5

Mt Carmel Health

Sharaxaad: Waxaanu qaabilnaa dadka leh Medicare, Medicaid, Caresource. Waxaan bixinaa khidmad caafimaad lacag la'aan dadkii xaq u yeesha.

Goobta: First Church of God
3480 Refugee Rd, Columbus, OH 43232

Sacadaha: Isniin, Arbaco 8AM ilaa 4PM waa balan oo kaliya.

Telefoon: **(614) 234-7400**, wac si aad balan u qabsato.

Ohio State University Medical Center

OSU Family Practice on South High

Qeexid: Rugtani waxey aragtaa dadka waa-weyn iyo caruurta. Diyaar baan idiin la nahay macaawino dhaqaale. Medicare and Medicaid.

Goobta: 1405 S. High Street, Columbus OH, 43207

Saacadaha: Waa balan dhigasho.

Telefoon: **(614) 293-3330**

South High Center for Primary Care

Sharaxaad: Waxaa bixiya deeqdan OSU iyo Children's Hospital. Qeybtan waxay aragtaa. Dadka weyn iyo caruurta. daryeelid dhaqaale waa diyaar. Medicare and Medicaid.

Goobta: 1392 S. High Street, Columbus, OH 43207

Saacadaha: balan oo kaliya.

Telefoon: **(614) 722-6200, rix # 1 ama sug ilaa qof kala hadlo**

Riverside Methodist Hospital

Community Medicine

Sharaxaad: Daryeel caafimaad ee aad bixiso lacag hoose oo yar ee ku xiran miisaanka dakhligaa. Soo qaado warqada aqoonisiga (ruqsada wadida gaadiidka, iwm) iyo cadeyn la xiriirta dakhligii ku soo galey lixdii bilood ee ugu dambaysay. Waxay qaatan bukan socod cusub ee OB qofkasina waa inuu haysto warqadii cadeyn ah inaad uur leedahay

Saacadaha: Waa balan oo kaliya.

Goobta: 500 Thomas Lane, Columbus, OH 43214

Telefoon: **(614) 566-5456**

For Women Only – Fees Charged. Appointments Required.

Columbus Public Health

Women's Health Clinic

Sharaxaad: Daryeelka uurka, tifaabin, Baarista kansarka naasaha & gumarka, baaris sanad waliba dhaca cudurka Haweenka & Daaweyntooda waxay isugu-Jirta Raajo-naas dhecann tijaabin, baaris-naaska & baaris gumaar iyo family planning daawayn sexually transmitted <gudbin wasmo> germiska cudurka dhaliya iyo dhibaatooyinka yar ee cudurka haweenka & daawooyinkeeda

Saacadaha: Waa Balan Kaliya. (Uma baahna balan aijaabinta uurka).

Goobta: East Clinic 240 Parsons, Columbus 43215 or North Clinic 1309 Cleveland Avenue, Suite 203, Columbus 43211

Telefoon: **East: 645-1854, North: 645-1968 West: (614)645-5040.**
www.publichealth.columbus.gov

Other Health Related Services

Access Health Columbus – Voluntary Care Network

Sharaxaad: dadka degan sumada guriga aad degantahay (zip codes) 43204, 43205, 43206, 43207, 43215, 43222 iyo 43223 kuwaas oo ah 200% danyarta ama Dakhligoodu yaryahay ama ka hooseyan oo aan helin wax caafimaad (insurance) ceymis

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Boqa 4 ilas 5

caafimaadks, shaqada caafimaadke Darsnimo 240 Parsons Avenue, Columbus, OH 43215, (614) 645-6248 ama 645-3111.

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Ah. Waxay helayaan caawinaad iyo abaabul la socda daryeel caafimaad ay u baahan yihiin
Talefoon: **(614)884-2441** ama fiiri ciwaanka (www.accesshealthcolumbus.org) si aad u hesho fah-faahin la xiriirta gudbin rugta daryeel caafimaad.

Columbus Cancer Clinic

Sharaxaad: Baadhis jaban oo kansar buu u sameeyaa dumarka iyo ragaba ku nool degmada Franklin. Raga baadhis buuxda oo maqaarka, xubnaha iyo xiniinyaha, Ragga konton jir ka weyn waxaa u furan baadhis kaajahaysta (broostat) iyo dhiifa (PSA). Dumarka 18 iyo wixii ka wayn baadhis buuxda oo maqarka, xubnaha, naasaha iyo gudaha (pap test) baa u furan. Dumarka 35 iyo wixii ka wayn waxaa u furan baddhis naasaha (mammograms). Medicare iyo Medicaid baa la aqbalaaa. Sicir fududayn ku dhisan dakhliga reerka baa furan. Balan Samayso.
Goota: 65 Ceramic Drive xaafada Clintonville. Goobo caafirmaad iyo mammography banaanka xarunta baa suutagal ah.
Saacadaha: Isniintaa ilaa Jimcaha 8:00 subaxnimo ilaa 4:30 galabnimo. Laba galbood bishii.
Talefoon: **(614) 263-5006**

Columbus Public Health-Breast & Cervical Cancer Detection Program (BCCP)

Sharaxaad: Barnaamijkan wuxuu daboolaa qiimaha baadhista naasaha iyo sinaha ee look ala yaqaano mammogram iyo pap, ee durka 40 jir iyo wixii ka wayn nee dakhligoodu ka hooseeyo 200 jibaar heerka faqriga aana caymis lahayn wuxuuna kuu gudbinayaa daryeelka degmooyinka Franklin, Delaware, Fayette, Union, Licking, Fairfield, Madison iyo Pickaway. Hubsiiimo xuquuqeed
Saacadaha: wac 8:00 subaxnimo ilaa 4:30 galannimo
Telefoon: **(614) 645-1671 or 1-866-418-4963.**

Health Care for the Homeless—Columbus Neighborhood Health Center, Inc

Sharaxaad: Asaaska daryeelka caafimaadka, Ilkhaa, Indhaha, iyo maamulka xaaladaha adeega Dibada oo ah mid kala duwan kuwaas oo ku sabsan dadka aan guryaha laheyn Ee leh jinsiyad kala duwan.ogolaanshahaasi waxay ku xirantahay sida baahida Ku hayso.
Goobta: Dhinacyo kala duwan (various sites)
Talefoon: **(614) 645- 0521**

Lung Health Clinic - The Breathing Association

Sharaxaad: Waxa halkan ka helaysaa baarista jirooyinka sam-babyada, daweyntooda, baarista jirka guud, (spirometry testing), neefta, sigaar joojinta, (COPD education) iyo cudrada good ee ku dhaca sam-babada iyadoo ay tahay lacag la'aan daweyntaas. Waxaase shuruud ah in qofku uusan dakhligusa dhaqaale ka badnaa ama ka yaryahay 175% (poverty level). Waxaa kale oo halkaan ka heli cartaa caawintka programka loo yaqaan HEEP aah bilasha gaaska iyo korontada. Soo waxa (614) 457-2997 wixii tafasiil dheerad ah oo u baahato.
Goobta: 1520 Old Henderson Rd. Columbus, OH 43220. Bas raac ayaa la siin kara qofkii aan awoodin ama gaari lahayn. Buska numberkiisu yahay 95 ayaa hor taga goobtaas.
Saacadaha: Maalmaha Talaadada iyo Khamiista 8:30 am ilaa 2:30 pm. Wakhtiyada qada oo ah 12pm ilaa 1pm waa ay xiran tahay.
Telefoon: HEAP (614) 457-2997 Rugta Caafimaadka (614) 273-2843

Pregnancy Care Connection-- Xiriirka Daryeelka Uurka

Sharaxaad: Jadwalka hal xarun laga maamulo—Daryeelka uurka ee waaxda caafimadka kolombus qeybta uurka, dhinaca hospital clinic & Columbus Neighborhood Health Centers
Saacadaha: Isniin—Jimcaha, 8:30 am – 4:30 pm
Telefoon: **(614) 227-9866**

Victorian Village Urgent Care (Doctors North)

Sharaxaad: Waxaa diyaar la idiin la yahay caawimaad dhaqaale ee ku saabsan qeyta (facility) = qalabka howsha fududeya. Lakiin ma jirto in lagu siiyo caawinad dhinaca lacagta dhakhtarka kugu soo dalaco.
Goobta: 1132 Hunter Avenue, Columbus, OH 43201
Saacadaha: Isniin-Jimcaha 10 am – 10 pm, Sabti iyo Axad 12 duhurkii – 8 fiidnimo. Waa la xiraa fasaxyada muhiimka ah.
Telefoon: **(614) 544-5756**

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Boqa 5 ilas 5