

Caafimaad, aragtida indhada iyo Ilkaha ee Dadka qaan gaarka ah ee Columbus oo Lacag la'aan iyo raqiis ah August 2008

Haddii aad su'aalo qabto si toos ah u wac liiska barnaamijyada

Su'aalaha ku saabsan Barnaamijka Caafimaadka Dadweynaha Kolumbas Fiiri page 7 iyo 8 Fah-Faahinta iyo talefoon nambarkooda. Ama fiiri computarke www.publichealth.columbus.gov.

Rug caafimaad oo lacag la'aan ah Columbus Medical Association

Physicians Free Clinic

Rug dhakhaatiir Bilaashka ah

Sharaxaad: Rug caafimaadka ee balan la'aanta daryeelka aynu bixino ma aha mid joogto ah Looma baahna balan ama cadeyn (I.D). Waxaa qasab ah inaad Degentahay – Franklin Count ee aan Lahay caymiska iyo dadka danta yar ee 200% ah dhaqaalahoodu hooseyo

Rugta: Columbus Public Healtha 240 Parson Avenue, Columbus, OH 43215

Saacadaha: Isniin Fiidkii. Is qoristu waxey bilaabaneysaa 4:30 Galabnimo. Ma jiro Free Clinic waqtiyada waaxda caafimaadku xiran tahay

Telefoon: (614) 240-7430 or www.goodhealthcolumbus.org

Ohio Latino Health Network and OSU Medical Center

Latino Free Clinic – La Clinica Latina

Sharaxaad: Rug caafimaadkan waa bilaash waxaana loogu tala galay dadka ku hadla afka spaanishka. Waxaa ka helaysaa daaweynta guud taas o ay ka mid yihiin dhakhtarka haweenka; waxa kaloo ka helaysaa dhakhtarka ilkaha. e.

Saacadaha: Habeenada talaadada ah. **Kala soo xiriir 293-9906 saad u ogaato wakhtiyada ay qaabilayaan dad cusub.**

Goobta: 2231 North High Street, Columbus, OH 43201

Telefoon: (614) 293-9906.

Asian American Community Services and OSU Medical Center

Asian Health Initiative Free Clinic

Sharaxaad: Rug caafimaadkan waa bilaash waxaana loogu tala galay dadka eeshiyaanka ah. Tarjumaan hadii aad u baahatana waad ka helaysaa. Waxaa ka helaysaa daaweynta guud. Kama helaysit baaris buuxda mana ku aqabalayaan hadaad bilaa balan socoto.

Saacadaha: Habeenada Isniinta ah saacaduna tahay 5:30-7:30 pm. Soo wac si aad balan u dhigato.

Goobta: 2231 North High Street, Columbus, OH 43201

Telefoon: (614) 220-4023, ext. 227

Boqa 1 ilas 12



OSU Medical Center Columbus Free Clinic

Sharaxaad: Rug caafimaad oo balan la'aan ah bixisana daryeel joogta ah
Saacadaha: Khamiista fiidkii oo kaliya wuxuu arki karaa 25-bukaan socod ee ugu
Horeysa ayaa la qaabilayaa. Fadlan tag dabaqa labaad si lagu arko. Magac qoristu waxay bilaabanaysaa 5:15pm aragtida bukaan socodka wuxuu bilaabanayaa 6pm rugtani ma bixiso Talaal, **TB ama STD/HIV Tijaabintooda** (Fiiri Boga 7 iyo 8 si aad u hesho Fah-fahintas).
Goobta: 2231 North High Street, Columbus, OH 43201
Telefoon: **(614) 404-8417**

Mt Carmel Medical Center Mt. Carmel Outreach program

Sharaxaad: Traveling Coach - waxaad ka heli gartaa baaris caafimaad lacag la'aan ah iyo shaqooyin kale ee la xiriira.
Saacadaha: Balan dhigid, soo wac outreach coach
Goobta: La xiriir goobaha Outreach Coach
Telefoon: **(614) 546-4200**

Vineyard Free Health Clinics - Fifth Avenue

Sharaxaad: Caafimaadka balan la'aanta ah sida loo soo kala horeyo ayaa loo qabilaa bukan socodka lama eego caafimaadka ku saabsan iskuulka ama isboortiska ama shaqo mana la sameeyo wax sheybar ku saabsan. Mana la bixiyo aragti caafimaad oo joogto ah.
Rugta: 171 East 5th Avenue, Columbus, OH 43201
Saacadaha: Arbacada fiidkii, albabka waxa la furayaa 5:30pm. Dhakhaatirtu waxay aragtida bilaabayaaan 6:45 fiidnimo.
Telefoon: Wac telefoonkan hadii aad suaal gabto **(614) 259-5428**

Vineyard Free Health Clinics – Goobta (Cooper Road)

Sharaxaad: Rugtani ee lacag la'aanta ah waa balan oo kaliya shaqada ay bixiso waxay isugu jirto baaris jirka, dhakhaatirta duugida iyo jimicsiga ee jirka, daryeelka caafimaadka, indhaha iyo ilkaha ma aha mid joogto ah daryeelka caafimaadkan. Christian affiliated.
Rugta: 6000 Cooper Road, Westerville, OH 43081
Saacadaha: Maalmo kala duwan iyo saacado kala duwan
Telefoon: **(614) 259- 5428** Waxaa balamaha sameysan kartaa Jimcayaasha 9 aroornimo ilaa 11 aroornimo. (Waqtiyadan oo kaliya ayaad balan sameysan karta)

Vineyard Community Church – Reynoldberg

Sharaxaad: Rugta daaweynta ee lacag la'aanta waa sida loo kala horeyo ayaa laysku qaabilaa. Daawayn ama daryeelka joogtada ah kaas oon aheyn midka deg-dega ah. Ma jirto sheybaar ama raajito. Waxaa kaloo halkan ka haysaa daryeelka loo yaqaan (chiropractor), nafaqeynta, iyo jirdhiska la tshiyadooda. Christian affiliated.
Rugta: 15187 Palmer Road, Reynoldsburg, OH 43068
Saacadaha: Arbacada 1'aad ee bilwaliba 6:30 – 8:30
Telefoon: **(740) 927-7729.**

Helping Hands Health and Wellness Center

Sharaxaad: Rugta caafimaadka ee lacag la'aanta. Waxaa qasab ah inaad degentahay Franklink County, dadka aan ceymiska lahayn iyo dadka masakiinta ha ee

Boqa 2 ilas 12



Lacagtadoodu ka yartahay 200% (qofka nafsad ahaantiisa isku sharaxaya ama sheeganaya). Waxaynu bixinaa Daryeelk caafimadke, jirke oo la baaro, sheybar, iyo in laquu qudbiyo dhaqaatirta ludurada ku taqususay. Ma jirto daryeelke ilka. Faith based. **Balan inaad qabsato ayaa fiican waa la qabilaa dadka iska yimaada lakiin kadib marka la arko dadka balanta leh.**

Rugta: 1421 Morse Road, Columbus, OH 43229
Saacadaha: Jimcaha 1'aad iyo 3'aad Bil-waliba isqoristu waxay bilaabanaysaa 4pm
Telefoon: (614) 262-5094 soo wac si aad balan u qabsato.

Xenos/Youth for Christ

Sharaxaad: Xarunta caefimadke ee lacag la'aanta oo balan L'aante ah waxay u adeegtaa dadka danta yarta iyo dadka aan guryae lahayn. Waxaana bixiya. Daryeelkan Xenos Cristian Fellowship iyo Central Ohio Youth for Christ. Ma bixiyan iskuul, shaqo, ama qadke cayarte "sports physicals," Sheyba ama daryell ilko. Ma aqbalan Insurance ama lacah bixin noc kastaba ha noqdeen.
Rugta: 40 N. Chicago Ave., Columbus, OH 43222.
Saacadaha: Talaadada fiidkii 6:30 pm wuxuu bilaabanyra February 26, 2008. Ma jirto balan35 – qof ayaa le arki kara maalintii waana. Sida loo soo kela horeyo qof walivan waa inuu yimardo 6:30 pm I nuu is qoro.
Telefoon: (624) 823-6510, ext. 840.

Primary Health Care for Adults (Men & Women) with Limited Incomes Fees Charged. Appointments Required.

Columbus Neighborhood Health Center, Inc.

Sharaxaad: Wuxuu bixiyaa daryeelka caafimaadka tasoo loo ego dakhliga soo gala Familka iyo inta ay ka kooban yihiin.waa la qaataa caymiska ay ka mid Yihiin Medicaid, Medicare, Caresource, Molina,Aetna,Anthem Blue-Cross iyo Blue Shield and United HealthCare. CNHC waa dhaqtarke guud ee familka.
Saacadaha: **Waa balan oo kaliya. Wac xarunta tasi waa midka kugu fiican.**
Goobta iyo talefoonka:
East Central Health Center. 1180 Main, Columbus, OH 43205 (614) 645-5535.
John Maloney Health Center 3781 S.High St, Columbus, OH, 43207 (614) 645-3163.
St.Stephen's Health Center 1500 E. 17'th Ave, Columbus, OH43219 (614) 645-2700.
Columbus Northeast Center, 3433 Agler Rd, Columbus, OH 43219 (614) 645-1600.
Maamulka Xafiiskuna waa: (614) 645-5500.

Capital Park Family Health Center

Sharaxaad : Waxaa loo eegaya dakhligaga qofkii xaq u yeesha, adeega waxaa loo qabataa dadka waaweyn, caruurta iyo Seniors. Waxaa jira lacag dhan \$10.00 oo oo ah co-payment dadka aan heysanin ceymiska. Dhamaan ceymisyada oo ay ka mid yihiin Medicaid, Medicare, Anthem Blue, Molina iyo CareSource waa la qataa.
Saacadaha: Waa balan oo kaliya.
Goobta : 2150 Agler Rd, Columbus,OH, 43224
Telefoon: (614) 416-4325 wac talefoonkan si aad u sameysato balan.

Grant Hospital

Grant Outpatient Care Center

Sharaxaad: Wuxuu qaabilaa bukaan-socodka leh ceymiska Medicaid, Medicare iyo kuwa aan lahay karka caafimaadka. Qofku waa inuu diyaar u yahay buuxinta arjiga ee caawinaada dhaqaale. Waxaa jira lalay \$ 25.00 aad bixineyso caushorts.
Saacadaha: Balan dhigo
Goobta: 393 E Town Street, qolka 116, Columbus, OH 43215

Boqa 3 ilas 12



Telefoon: (614) 566-9108

Lower Lights Christian Health Center, Inc.

Sharaxaad: Caafimaadka bulshada waxay bixineysaa famili xirfadeed oo adeeg ah. Waxayna siineysaa dadka weyn/ cudurada caruurta iyo daaweeyntooda Kuwa caafimadka qaba iyo daryeelka kuwa jiran iyo cudurada daba-dheerada (Chronic disease) mamulidooda. Waa la qaataa Medicaid, CareSource, Molina iyo Anthem Medicaid. Dadka aan ceymiska lahayna waxaa loo eega dakhliga soo gala familka. Lakiin waxaa jira ugu yaraan \$5.00 oo lacag ah si lagu eego.

Goobta: 1251 W. Broad Street, Columbus, OH 43222

Saacadaha: Waa balan oo kaliya.

Telefoon: (614) 274-1455

Mt. Carmel Medical Center

Mt Carmel Health

Sharaxaad: Waxaanu qaabilnaa dadka leh Medicare, Medicaid, Caresource. Waxaan bixinaa khidmad caafimaad lacag la'aan dadkii xaq u yeesha.

Saacadaha: Talaado, Khamiis 8 am – 4 pm waa balan oo kaliya

Goobta: Holy Rosary -St John Health Station 661 South Champion, Columbus, OH 43205.

Telefoon: Soo wac oo balan ka qabso (614) 234-7400.

Mt Carmel Health

Sharaxaad: Waxaanu qaabilnaa dadka leh Medicare, Medicaid, Caresource. Waxaan bixinaa khidmad caafimaad lacag la'aan dadkii xaq u yeesha.

Goobta: First Church of God
3480 Refugee Rd, Columbus, OH 43232

Saadaha: Isniin, Arbaco 8AM ilaa 4PM waa balan oo kaliya.

Telefoon: (614) 234-7400, wac si aad balan u qabsato.

Ohio State University Medical Center

South High Center for Primary Care

Sharaxaad: Waxaa bixiya deeqdan OSU iyo Children's Hospital. Qeybtan waxay aragtaa. Dadka weyn iyo caruurta. daryeelid dhaqaale waa diyaar. Medicare and Medicaid.

Goobta: 1392 S. High Street, Columbus, OH 43207

Saacadaha: balan oo kaliya.

Telefoon: (614) 722-6200, rix # 1 ama sug ilaa qof kala hadlo

Riverside Methodist Hospital

Community Medicine

Sharaxaad: Daryeel caafimaad ee aad bixiso lacag hoose oo yar ee ku xiran miisaanka dakhligaa. Soo qaado warqada aqoonsiga (ruqsada wadida gaadiidka, iwm) iyo cadeyn la xiriirta dakhligii ku soo galey lixdii bilood ee ugu dambaysay. Waxay qaatan bukan socod cusub ee OB qofkasina waa inuu haysto warqadii cadeyn ah inaad uur leedahay

Saacadaha: Waa balan oo kaliya.

Goobta: 500 Thomas Lane, Columbus, OH 43214

Telefoon: (614) 566-5456

For Women Only –Fees Charged. Appointments Required.

Columbus Public Health

Women's Health Clinic

Boqa 4 ilas 12



Columbus Public Health 8/08 Fah-fahintan waxaa isku soo xiray Caafimaadka dad-weynaha Kolumbus, Qeybta isku-taqa caafimaadks, shaqada caafimaadke Darsnimo 240 Parsons Avenue, Columbus, OH 43215, (614) 645-6450 ama 645-3111. www.publichealth.columbus.gov

Sharaxaad: Daryeelka uurka, tifaabin, Baarista kansarka naasaha & gumarka, baaris sanad waliba dhaca cudurka Haweenka & Daaweyntooda waxay isugu-Jirta Raajo-naas dhecann tijaabin, baaris-naaska & baaris gumaar iyo family planning daawayn sexually transmitted <gudbin wasmo> germiska cudurka dhaliya iyo dhibaatooyinka yar ee cudurka haweenka & daawooyinkeeda

Saacadaha: Waa Balan Kaliya. (Uma baahna balan aijaabinta uurka).

Goobta: East Clinic 240 Parsons, Columbus 43215 or North Clinic 1309 Cleveland Avenue, Suite 203, Columbus 43211

Telefoon: **East: 645-1854, North: 645-1968 West: (614)645-5040.**
www.publichealth.columbus.gov

Other Health Related Services

Access Health Columbus – Voluntary Care Network

Sharaxaad: dadka degan sumada guriga aad degantahay (zip codes) 43204, 43205, 43206, 43207, 43215, 43222 iyo 43223 kuwaas oo ah 200% danyarta ama Dakhligoodu yaryahay ama ka hooseyan oo aan helin wax caafimaad (insurance) ceymis Ah. Waxay helayaan caawinaad iyo abaabul la socda daryeel caafimaad ay u baahan yihin

Talefoon: **(614)884-2441** ama fiiri ciwaanka (www.accesshealthcolumbus.org) si aad u hesho fah-faahin la xiriirta gudbin rugta daryeel caafimaad.

Columbus Cancer Clinic

Sharaxaad: Baadhis jaban oo kansar buu u sameeyaa dumarka iyo ragaba ku nool degmada Franklin. Raga baadhis buuxda oo maqaarka, xubnaha iyo xiniinyaha, Ragga konton jir ka weyn waxaa u furan baadhis kaajahaysta (broostat) iyo dhiifa (PSA). Dumarka 18 iyo wixii ka wayn baadhis buuxda oo maqarka, xubnaha, naasaha iyo gudaha (pap test) baa u furan. Dumarka 35 iyo wixii ka wayn waxaa u furan baddhis naasaha (mammograms). Medicare iyo Medicaid baa la aqbalaaa. Sicir fududayn ku dhisan dakhliga reerka baa furan. Balan Samayso.

Goota: 65 Ceramic Drive xaafada Clintonville. Goobo caafirmaad iyo mammography banaanka xarunta baa suutagal ah.

Saacadaha: Isniintaa ilaa Jimcaha 8:00 subaxnimo ilaa 4:30 galabnimo. Laba galbood bishii.

Talefoon: **(614) 263-5006**

Columbus Public Health-Breast & Cervical Cancer Detection Program (BCCP)

Sharaxaad: Barnaamijkan wuxuu daboolaa qiimaha baadhista naasaha iyo sinaha ee look ala yaqaano mammogram iyo pap, ee durka 40 jir iyo wixii ka way nee dakhligoodu ka hooseeyo 200 jibaar heerka faqriga aana caymis lahayn wuxuuna kuu gudbinayaa daryeelka degmooyinka Franklin, Delaware, Fayette, Union, Licking, Fairfield, Madison iyo Pickaway. Hubsiiimo xuquuqeed

Saacadaha: wac 8:00 subaxnimo ilaa 4:30 galannimo

Telefoon: **(614) 645-1671 or 1-866-418-4963.**

Health Care for the Homeless—Columbus Neighborhood Health Center, Inc

Sharaxaad: Asaaska daryeelka caafimaadka, Ilkhaa, Indhaha, iyo maamulka xaaladaha adeega Dibada oo ah mid kala duwan kuwaas oo ku sabsan dadka aan guryaha laheyn Ee leh jinsiyad kala duwan.ogolaanshahaasi waxay ku xirantahay sida baahida Ku hayso.

Goobta: Dhinacyo kala duwan (various sites)

Talefoon: **(614) 645- 0521**

Boqa 5 ilas 12



Lung Health Clinic - The Breathing Association

- Sharaxaad: Waxa halkan ka helayaa baarista jirooyinka sam-babyada, daweyntooda, baarista jirka guud, (spirometry testing), neefta, sigaar joojinta, (COPD education) iyo cudrada good ee ku dhaca sam-babada iyadoo ay tahay lacag la'aan daweyntaas. Waxaase shuruud ah in qofku uusan dakhligusa dhaqaale ka badnaan ama ka yaryahay 175% (poverty level). Waxaa kale oo halkaan ka heli cartaa caawintka programka loo yaqaan HEEP aah bilasha gaaska iyo korontada. Soo waxa (614) 457-2997 wixii tafasiil dheerad ah oo u baahato.
- Goobta: 1520 Old Henderson Rd. Columbus, OH 43220. Bas raac ayaa la siin kara qofkii aan awoodin ama gaari lahayn. Buska numberkiisu yahay 95 ayaa hor taga goobtaas.
- Saacadaha: Maalmaha Talaadada iyo Khamiista 8:30 am ilaa 2:30 pm. Wakhtiyada qada oo ah 12pm ilaa 1pm waa ay xiran tahay.
- Telefoon: HEAP (614) 457-2997 Rugta Caafimaadka (614) 273-2843

Pregnancy Care Connection-- Xiriirka Daryeelka Uurka

- Sharaxaad: Jadwalka hal xarun laga maamulo—Daryeelka uurka ee waaxda caafimadka kolombus qeybta uurka, dhinaca hospital clinic & Columbus Neighborhood Health Centers
- Saacadaha: Isniin—Jimcaha, 8:30 am – 4:30 pm
- Telefoon: **(614) 227-9866**

Victorian Village Urgent Care (Doctors North)

- Sharaxaad: Waxaa diyaar la idiin la yahay caawimaad dhaqaale ee ku saabsan qeyta (facility) = qalabka howsha fududeya. Lakiin ma jirto in lagu siiyo caawinad dhinaca lacagta dhakhtarka kugu soo dalaco.
- Goobta: 1132 Hunter Avenue, Columbus, OH 43201
- Saacadaha: Isniin-Jimcaha 10 am – 10 pm, Sabti iyo Axad 12 duhurkii – 8 fiidnimo. Waa la xiraa fasaxyada muhiimka ah.
- Telefoon: **(614) 544-5756**

Vision Care- Free Programs.

Prevent Blindness Ohio

- Sharaxaad: Baaris indhaha ee lacag la'aan ah iyo muraayadaha aragga dadkii xaq u yeessa. Si aad u hesho wax qabasho wacan oo ku yaala bilowga iyo dhamaadka kolombas nawaxigeeda. Oo la soo jeediyay gudbin daryelka argtida ee Barnaamijka dibad ka shaqeynta waydiiso adeegyada caafimadka iyo kal-kaliyasha ee aad wada xiriirtan adaga caafimadka iney wada shaqeyan Prevent Blindness Ohio ama wac (614) 464-2020 wax ku saabsan akhbaartas.
- Telefoon: **(614) 464-2020.**

Faith Mission Vision Clinic (in cooperation with The Ohio State University College of Optometry).

- Sharaxaad: Qeybta guud ee lacaal la'aanta fiirinta indhaha. Ee le siiyo (homeless living in Faith Shelters) ama kuwa la soo gudbiyo (by Public, ama non Profit agencies). Dadka degan (Faith Mission) Waxaa la siinaya (glasses) marka dhaqtarka u soo qoro. Dhaman kuwa kale waxay helayan koobi ah kuwii hore ee uu heystay daawo qorida kuwas ke mid ah (exam) fiirinta indhaha.
- Saacadaha: Talaado iyo Jimcaha, 8:30 – 11:30 am iyo 1-4 pm. Iyo maalmo Khamiis ah. lakiin hubso oo soo wac. Balan ayas loo baahan yahay.
- Goobta: Faith Mission Clinic, 315 E. Long Street, Columbus, OH 43215
- Telefoon: **(614) 224-6617, ext. 2107.**

Boqa 6 ilas 12



Stowe Baptist Church Eye Clinic

Sharaxaad: Tijaabin indhaha iyo warqad lagu qoro ee aad murayad indh ku gadato. Waxaa lage codsanayaa inaad bixiso tabar-rucid.
Goobta: 911 South Parsons Avenue, Columbus, OH 43206
Saacadaha: Bilwaliba taladada 2 aad laga bilasbo 9 am – 12 pm. Balan ayae loo bahanyahay.
Telefoon: **(614) 443-1120**. Soo wac si aad balan usameysato.

Vineyard Free Health Clinic

Sharaxaad: Baaris indhaha oo lacag la'aan ah.
Goobta: Vineyard ee rugta daaweynta lacag la'aanta
171 East 5th Avenue, Columbus, OH, 43201. iyo Cooper Road Westerville, OH 43081
Saacadaha: **Waa balan oo kaliya.**
Telefoon: **(614)259-5428 (614) 259- 5428** Waxaa balamaha sameysan kartaa Jimcayaasha 9 aroornimo ilaa 11 aroornimo. (Waqtiyadan oo kaliya ayaad balan sameysan karta)

Vision Care Fund – OSU College of Optometry

Sharaxaad: Lacag la'aan baaris iyo muragad Indho, qofkii xaq u yeedhe. Waa inaad soo cirto koobi Yax – sanadkii hore ama Jeega lacahta aad qaadto oo ku yaalo taleefoon meeshe aad ka shaqeydo waxaadus ku soo dirtas liwankan oo ah –
Vision Care Fund
c/o Doris Ball
338 West 10th Avenue
Columbus, OH 43210 am fax ku soo (614) 247-6626.
Waxaad heli doontas taleefoon lagu soo diro. Si aad u dhameystirto ogolaanshahaade socds warqadissa iyo waqti lagoo qabto (614) 292-9201 – soo was haddii aad su'aato qabto. Teleefoon soo celinta waxay gaadaneysa Isbuuc.
Telefoon: **(614) 292-9201. hadaad fariin dhaafto waa laguugu soo celin isla usbuucaas gudhihiisa.**

Vision USA - Araga USA

Sharaxaad: Baaris indho iyo murayaad. (waxaa jira lacag \$20.00 oo ah administrative canshuur ku saabsan muraayada indhaha) caruurta iyo dadka waaweyn qofkas oo ah qof xaq ul leh barnaamjkan waxaa la socda shaqo inaadleedahay ama aad la nooshahay qof guriga dakhli soo galiya haddii aadan lahayn ceymiska Indhaha, lacagta ku soo gasha ay hooseyso marka loo fiiriyo qoyska inta aad tihiiin, ama aadan arag dhakhtar indhaha 2-Sanno. Foomka la buuxiyo waa diyaar English and Spanish waxaadna ka Ka fiirsan karta cinwaanka ah <http://www.aoa.org/x5607.xml> ama foomka waxaad ku dhameysan kartaa taleefoonka.
Telefoon: **1-800-766-4466**, 8 am – 10 pm, Isniin ilaa Jimcaha

Vision Care- Sliding Scale Programs.

Columbus Neighborhood Health Center, Inc. East Central Health Center

Sharaxaad: Baaris aragga indhaha.waxaa loo eega dakhliga familka soo gala inta uu la'eg yahay.
Waa le qaataa Medicare iyo Medicaid
Saacadaha: **Waa Balan oo kaliya.**
Goobta: 1180 East Main Street, Columbus, OH 43205
Telefoon: **(614) 645-5540**

Boqa 7 ilas 12



Ohio State University Medical Center

OSU Family Practice on South High

Sharaxaad: Qeybtan waxay aragtaa. Dadka weyn iyo caruurta.daryeelid dhaqaale waa diyaar. Dadka wata Medicaid qaarkood iyo Medicare waa la aqbalayaa.

Saacadaha: **By appointment only.**

Goobta: 1405 S. High Street, Columbus, OH 43207

Telefoon: **(614) 293-3330**

Dental Care – Sliding Fee Scale

Dental Options

Sharaxaad: Isku xirka shabciga u baahandaryeelka Ilkaha kuna raacsan daweeynta Bukaana socodka danta-yar (kuwaas oo ah dad aan waajib ku ahajin/ama aan xaq-ulahayn siinta-Warqada caafimaadka) waxaa laga dhimaya kharashka bixinta lacagtaas Saacadaha iyo Goobta ay ku yaalin,waa mid laysku duwaayo haddii aad Xaq u leedahay.

Telefoon: **(614) 233-6388 (1-888-765-6789) waana diyaar siinta arjiga (form).**

Columbus Public Health Dental Clinic

Sharaxaad: Dadka degan Franklin County oo kaliya. Qiimo Jaban Daryeelka Ilkaha, soofeyn/Qorid, Baaris, Nadiffin,extractionsiyo. Ma sameeyan gowska gadaale ama “Gows caqliyeeedka” mana saarno “Gowskas” No wisdom teeth. Root Canal done –Ilkaha xidiidka oo la sameeyo. Root canal done – Ilkaha xidiidke oo la daaweyo. Ilkaha hore oo kaliya(front teeth only). Waxaa loo fiiriya hadba dakhliga Familka soo galo, soo qaad 2-Jeeg ee Xaga Dambe ee Jeeaga, korontada gaaska, ama Taleefoonka biilka aad ku bixiso iyo wax sawir leh oo caddeyn ah Fadlan soo wac haddii aad su aal qabto.

Goobta: 240 Parsons Avenue, Columbus, OH 43215

Saacadaha: Waa balan oo kaliya. Soo wac 8 am Isniin, Khamis, Jimco haddii xaaladu deh-dej tahay si balan aad u hescho.

Telefoon: **(614) 645-7487 www.publichealth.columbus.gov**

East Central Health Center Dental Clinic

Sharaxaad: Dadka degen Franklin County Qiimo Jaban Daryeelka Ilkaha, soofeyn/Qorid, Baaris, Nadiffin, extractionsiyo. Ma sameeyan gowska gadaale ama “Gows caqliyeeedka” mana saarno “Gowskas” No wisdom teeth. Root Canal done –Ilkaha xidiidka oo la sameeyo. Root canal done – Ilkehe xidiidke oo la baaweyo. Ilkaha hore oo kaliya (front teeth only). Waxaa loo fiiriya hadba qiimaha Familka soo galo, soo qaad 2-Jeeg ee Xaga Dambe ee Jeeaga, korontada gaaska, ama Taleefoonka biilka aad ku bixiso iyo wax sawir leh oo caddeyn ah Fadlan soo wac haddii aad su aal qabto.

Saacadaha: Waa balan oo kaliya. Waa diyaar balante haddii xaladu deg-deg tahay.

Goobta: 1180 East Main Street, Columbus, OH 43205

Telefoon: **(614) 645-5541**

Ohio State University Medical Center

OSU Family Practice on South High -Dental Clinic

Sharaxaad: Qeybtan waxay aragtaa. Dadka weyn iyo caruurta.daryeelid dhaqaale waa diyaar.

Saacadaha: **By appointment only. Waa balan oo kaliya.**

Goobta: 1405 S. High Street, Columbus, OH 43207

Telefoon: **(614) 293-6748.**

Boqa 8 ilas 12



Stowe Baptist Church

Sharaxaad: Daryeelka Ilkaha ee deg dega ah (emergency) saaritan oo kalya (extractions) tabarruc (donation) \$ 5.00 ugu yaran saaritanka ilkaha ee aad codsatay.

Goobta: 911 South Parsons Avenue, Columbus, OH 43206

Saacada: Waa sida loo soo kala horeyo ayaa laysku qaabilaa Isniinta habeenkeeda albaabka waxaa la furayaa 5pm qolka sugitaanka. Badanaba waxaa la arki kera 12 qof ee ugu horeya.

Telefoon: (614) 443-1120. Wac Isniinta haddii aad u baahan tahay fah-faahin.

Vineyard Free Health Clinics

Sharaxaad: Daryeelka ilka oo lacag la'aan ah (Free dental care) baaris, xanafta kadaadata marka wax la soofeynayo fillings), saaritanka ilkaha oo kaliya (extractions only)

Goobta: 171 East 5'th Avenue, Columbus, OH 43201 iyo 6000 Cooper Road, Westerville, OH 43081.

Saacadaha: Waa balan oo kaliya.

Telefoon: (614) 259-5428 (614) 259- 5428 Waxaa balamaha sameysan kartaa Jimcayaasha 9 aroornimo ilaa 11 aroornimo. (Waqtiyadan oo kaliya ayaad balan sameysan karta)

Information on Columbus Public Health programs for Birth Certificates, Immunizations, Sexual Health & Tuberculosis 240-Parsons Avenue, Columbus OH 43215

**(Barnaamijka Qeybta Caafimaadka Ee aan liiska ku jirin wac: 645-7417)
Ama Waxaad eegta boga ciwaanka (www.publichealth.columbus.gov) si aad u hesho Shaqooyinka tooska ah.**

Birth and Death Certificates (Vital Statistics)

Sharaxaad: Diiwaan-galinta iyo koobi sameeynta cadeeynta ee Franklin County, Dhalashada iyo Dhimashada cadeyntooda waa: \$ 20.00-Dollar halkii cadeeyn. Balan la'aan waa iman kartaa inta u dhaxeysa 10:00am – 2:00pm. Haddii aa u baahto mid sixiixan ama boostada lagu soo dhigi ama maalinta xigta ayaa qaadan kartaa. Hadaa mar hore koobi u dalbateyna waxaa qaadan kartaa 8:00am-4:15pm malin walba. Habka taleefoonka iyo (Website iyo Fax) u isticmaalka waa la ogolyahay Debit ama Credit card, www.vitalchek.com waxaana bixinaysaa \$9.95 dheeri ah. Haddii aad boostada dalbana waxaa sugeysaa 7-10 casho gudahood.

Saacadaha: isticmaali kartaa (interneedka www.publichealth.columbus.gov)
Isla maalintaa hadaa rabto 10:00am-2:00pm Isniin-Jimce
Dalabkaaad dheer hadaa sii codsatay waxaa u imin kartaa 8:00am-4:15pm.
Dariishadu waxay furantahay 8am-4:15pm Isniinta, Talaadadam Khamista iyo Jimcaha 9am-4:15pm maalinta arabacada ah.

Telefoon: (614) 645-7333 ama spanish 645-3114

Immunization Services (Childhood and Adult shots)

Sharaxaad: Talaalka caruurta da'doodu ka hooseyso 19-jir waa qiimo jaban mana. Aha wax la diidayo haddii waridiiintu aanu awoodin bixinta lacagta. Talaalkas, waxaynu qaadanaa (Medicaid, Medicare Part B, Caresource, Molina Health Care of Ohio, Anthem Partnership Plan Medicaid HMO (Kadib 4/1/08 for ABD Medicaid oo Kaliya) iyo United Health Care), qofka weyn. Ee talaalka la siinayo waa lacag taas oo la socota maamulka cashuurta. Uma baahna balan.

Saacad: Isniinta Iyo Jimcaha 8:00 am -- 4:30 pm
Talaado 11:00 am - 6:30 pm
Arbaco **Waa xiran tahay**

Boqa 9 ilas 12



Khamiista 8:00 am – 4:30 pm
Sabtida 2- ee bil waliba 9:00 am – 12 noon
Worthington Clinic wuxu furan yahay talaadada 3aad ee bilwalba 1:00pm-4:00pm
600 High Streey, Worthington, Ohio

Xusuus: \
Telefoon: (614) 645 –7945

Sexual Health Clinic (AIDS/HIV & Other sexually transmitted diseases)

Sharaxaad: Warbixin qarsoodi ah iyo ogaanshaha nooca cudurka iyo daaweynta cudurka Ee galmada lagu kala qaado (STD). Barnaamijka ka hortaga uureysiga u gudbint Xiriirka adeegyada kale. Shaqadu waa lacag, waynu ogolnahay (Medicaid, Medicare Part B, Caresource, Molina Health Care of Ohio, Anthem Partnership Plan Medicaid HMO (Kadib 4/1/08 for ABD Medicaid oo Kaliya) iyo United Health Care), waa la aqbalaa bukaan socodka anu haysanin Warqada caafimaadka (caymiska) waxaa loo eegaya hadba dhaqaalaha soo Gala ama mushaharka uu qaato, waa balan la' aan waa sida loo soo kala horeey Bukaan socodka.

Saacadaha: Isniin 7:15am – 3:30pm
Talaado 10:45am –7:00pm
Arbaco 7:15am - 12:00pm
Khamiis iyo jimco 7:15am - 3:30Pm

Waxaa kale oo jirta meelo kale ee lagu baaro tijaabinta STD. waxayna ku yaalin:

Isniinta 1 PM – 3 PM Planned Parenthood OSU Campus, 18 East 17th Ave.

Talaado 11 AM- 1 PM Planned Parenthood East, 3255 E.Main St.

Khamiis (kasta 2nd iyo 4th) 2-5PM Waaxda caafimaadka dadweynaha xarunta daryeelka caafimadka dumarka, North COTA bldg, 1390 Cleveland Ave, Suite 203

Khamiis (kasta 2nd iyo 4th) 3-5PM Planned Parenthood Franklinton, 1511 West Broad St.

Jimco (kasta 1st iyo 3rd) 8:30am – 10:30 am Caafimaadka Dadweynaha Kolombas xarunta daryeelka dumarka West, 3556 Sullivant Ave, suite 203

Telefoon: (614) 645-7772

Tuberculosis (TB) Control Program

Sharaxaad: Si fiican in loo baaro loona ilaaliyo daweynta qaaxada magaalada Kolombas, iyo Franklin Caounty dadweynaha degan shaqada waxay ka Koonab tahay PPD tijaabo maqaarka, u gudbin raajiyaha, la xiriir Baaritaan iyo la socod wax ka qabasho falo ka bixin daaweynta, iyo Kumunitiga qibrada u leh daweynta shaqadaasi waa lacag, Medicare Part B, Caresource, Molina Health Care of Ohio, Anthem Partnership Plan Medicaid HMO (Kadib 4/1/08 for ABD Medicaid oo Kaliya) iyo United Health Care) Weynu ogolaana, bukaan socodka ee aan lahayn. Caymiska waxaa loo eegaya sida dakhligiisu yahay.

Saacadaha: Isniin 8:00 am --3:30 pm
Talaado 8:00 am --3:30 pm

Daawo buuxin iyo gubin raajiyaha, sidoo kale waa diyaar waqtiga clinicada uu furan yahay.

Arbaco 8:00 am – 11:30 pm
Khamiis 8:00 am – 11:30 am
Jimcaha 8:00 am – 3:30 pm

Daawo siinta ka hortaga qaaxda ee Jeermiska Jirkaga ku Jira, waa mid balan u baahan.

Boqa 10 ilas 12



Daawo siinta dadka qaaxda (TB) lago sheegay waa mid la xiriirta inta udhexeysa maamulka iyo tilmaamiyaha u fiirsashada daaweynta/barnaamijka la xiirka daaweynta guryaha lagu daaweyo.

Telefoon: **(614) 645-2199**, taleefoonkan waxaa ku duuban faah-faahinta (TB) iyo Saacadaha uu furan yahay soo wac haddii aad dooneyso balan dhigasho.

Other Columbus Public Health Numbers

Khalad u isticmaalka Khamriga iyo muqaadaradka	645-7306
Ka hortaga cudurka kansarka ee ku dhaca naasaha & ilomo-galeenka	645-1671
Car seat (kursiga gawrida caruurta)	645-7748
Daryeelka ilkaha (see pg 6)	645-7487
La xiriirka Beyada	645-8191
Daryeelka caafimaadke guriga	645-7005
Baarist macdanta	724-6000
Boqosho guri hooyo iyo caruurta	645-8323
Shaqada Caafimaadka ee xaafadha	645-6450
Uureyda iyo caafimaadka haweenka	
240 Parsons Avenue	645-6424
1390 Cleveland Avenue	645-1968
Community Outreach Assistance	645-7068
Cawinaada uurka	645-1731
Barnaamijka WIC	645-7280

**Lambarada kale ee halkan aan ku jirin soo wac,
Fah-faahinta magaalada kolombas oo ah,**

**645-7417
311 ama 645-3111**

Boqa 11 ilas 12



Public Health 8/08 Fah-fahintan waxaa isku soo xiray Caafimaadka dad-weynaha Kolumbus, Qeybta isku-taqa caafimaadks, shaqada caafimaadke Darsnimo 240 Parsons Avenue, Columbus, OH 43215, (614) 645-6450 ama 645-3111. www.publichealth.columbus.gov

Magaalada kolombas

Neighborhood Pride Centers (xaafad aha iyo dersnimo)

Haddii aad ku nooshahay magalada kolombus oo aad dooneyso caawinad helid ku saabsan fah-faahinta--

- 1) Dhakhaatiir iyo ilkaha oo qiimo jaban
- 2) Caawinad daawo qorid
- 3) Cuno iyo dhar
- 4) Shaqo
- 5) Guri
- 6) Caawinad (Utility) gas, biyo, koronto.
- 7) Caawinad sharci.



Waad Caafimaadka Kolobas la xiriirka bulshada iyo Caarimaadka dadweynaha Waxaa laga yaaba iney awoodan iney ku caawiyaan

- Waad kala hadi kartaa si toos ah (Neighborhood Pride Center) ee kuu dhaw
- Waana lacag la'aan
- Haddi u baahantahay ama aad xiiseyneyso shaqadan wac 645-6756.
Maseejka codka ee Waaxda caafimaadka Koloumbus geybta Somali turjumaanka oo dhaaf Taleefoonka laga helo ama laga soo wic.

For mental health or substance abuse help

Wac Nidaamka xannaaneynta 24 Hr ee Dhibaatooyinka oo oh Taleefonka lamarkiisu yahay (614) 276-2273.

Ama Waxaad tagtaa Xafiiskooda mid ka mida waana furan yahay 24 – saac 7 – cisho/malmood

199 S. Central Avenue, Columbus, OH 43223

741 E. Broad Street, Columbus, OH 43205

ama Wac Mental Health America Franklin county oou qaabilsan caafimaadka dadka maskaxda ka washay. Oo ah (614) 221-1441 ama waxaad booqataa websidka ee www.mhafc.org akhbaar gudbin, ee cawinaad caafimaad la'aan maskaxeed ootoos ah ama helitan barnaanijit ama helid taagero cawinaad ka timaaday MHAFC Ombudsman.

Ma dooneysaa inaad joojiso cabitanka sigaarka?

**Wac Ohio Quit Line (Linke Taleefonke Joojinta) 1-800-QUIT NOW (1-800-784-8669).
ama Cinwaanke website oo ah <http://www.ohioquits.com>**

Boqa 12 ilas 12